

## Beyond Dependency: Resource Guide for Youth and Caregivers after Adoption / Legal Guardianship

Navigating services beyond dependency can be overwhelming. There are resources and supports available to families who have finalized their adoption or legal guardianship through the Ventura County child welfare system. *Please note that the services and supports listed in this document are subject to change.*

### Therapeutic Supports

**Ventura County Behavioral Health (VCBH)** -Mental health services and substance use treatment.

- Website: [www.vcbh.org](http://www.vcbh.org); <https://www.vcbh.org/en/youth-family-services-treatment>
- Mental Health Crisis and Referral Line: 1-866-998-2243
- Suicide and Crisis Line: 988
- Substance Use Treatment Access Line –1-844-385-9200

**Beacon Health Options** –Mental health managed care network for Gold Coast Health Plan Website: [www.goldcoasthealthplan.org](http://www.goldcoasthealthplan.org)

- Member Services line: 1-888-301-1228
- Address: 711 E. Daily Drive Suite 106, Camarillo, CA 93010

**Casa Pacifica Center for Children & Families & Aspiranet** – Therapeutic Behavioral Services  
Short-term therapeutic program for children and youth in jeopardy of being placed in a residential treatment facility or a high level of group home due to existing behaviors. The focus of TBS is to focus on changing the child or youth’s maladaptive behaviors while emphasizing their strengths. The program utilizes a collaborative approach between the child, their caregiver and the primary mental health provider to address the primary behaviors to address.

#### *Casa Pacifica*

- Website: [https://www.casapacifica.org/programs\\_services/ventura\\_county/tbs1/](https://www.casapacifica.org/programs_services/ventura_county/tbs1/)
- Telephone: 805-366-4040
- Email: [VenturaTBS@casapacifica.org](mailto:VenturaTBS@casapacifica.org)

#### *Aspiranet*

- Website: <https://www.aspiranet.org/behavioral-health>
- Telephone: 805-289-0120

NOTE: Families cannot self-refer; referral must be made by VCBH mental health professional

**Family Urgent Response System (FURS):** Free 24/7/365 hotline for current or former foster youth and their caregivers that is staffed with caring counselors trained in conflict resolution and de-escalation techniques for children and youth impacted by trauma. Services include: 1). Mobile Response and Stabilization Teams available 24 hours a day, 7 days a week, 2). in-home de-escalation, stabilization, conflict resolution, and support services and resources and 3). ongoing support services beyond the initial mobile response.

- Website: [www.cdss.ca.gov/inforesources/cdss-programs/foster-care/furs](http://www.cdss.ca.gov/inforesources/cdss-programs/foster-care/furs)
- Telephone: (call or text) 1-833-939-3877

## California Department of Health Care Services

- Website: <https://www.dhcs.ca.gov/services>

### Educational Advocacy

#### United Parents –Educational Advocacy

Advocates trained to assist parents with children ages two through twenty-two navigate the Individualized Educational Plans (IEP) and school systems. The goal is that the child or youth is able to benefit from the many supports and services available to achieve a meaningful educational plan that is just right for addressing their disabilities.

- Website: <https://www.unitedparents.org/services/educational-advocacy/>
- Telephone: 805-384-1555
- Email: [Info@unitedparents.org](mailto:Info@unitedparents.org)

#### Aspiranet - Collaborative Educational Services (COEDS)

COEDS is a program that provides educationally related social / emotional services to special education programs as determined by the Individualized Educational Plans (IEP) team. These students have needs that interfere with their ability to access their education and would benefit from enhanced services in the home that can include social work services and behavioral interventions to assist in meeting their socio-emotional goals at school. Additionally, the program may provide a Family Case Manager, Youth Partner and/or Parent Partner to work with the family.

- General Information:  
<https://www.vcselpa.org/For-Educators/Social-Emotional-Services/Collaborative-Educational-Services-COEDS>

NOTE: need for the child or youth's IEP team must determine service.

### Legal Guardianship Resources

After the legal guardianship has been finalized through Ventura County, resources and services can still be available for children and their caregivers.

#### Kids and Families Together – Guardian Stabilization Program (GSP)

In-home education and therapy for pre and post legal guardians providing care for current and former juvenile court dependents of Ventura County. Psychoeducation on topics relevant to caregivers raising children and youth with a history of trauma and attachment disruption.

- Website: [www.kidsandfamilies.org](http://www.kidsandfamilies.org)
- Telephone: 805-643-1446 ext. 180
- Email: [referrals@kidsandfamilies.org](mailto:referrals@kidsandfamilies.org)

#### California Department of Social Services -California Kinship Navigator

Free support to kinship caregivers and former foster youth to quickly find and access services, supports and resources which can include financial support, housing, clothing/supplies, physical and mental health, childcare/extracurricular activities, education, legal aid/advocacy, food and

Strengtheningvcfamilies.org

805-654-3220

strengtheningvcfamilies@ventura.org

employment. Caregivers will be connected with a team of Community Responders who will guide through options, identify solutions, research and follow up as appropriate.

- Website: <https://www.getvirtualsupport.org/app/ca/>

### **County of Ventura, Children and Family Services (CFS)**

The Independent Living Program assists eligible youth to prepare for independent living. ILP services are available to eligible 14 to 21-year-old foster and former foster youth to access community resources and develop independent living skills to help build self-sufficiency.

- Email: [HSA-ILP@ventura.org](mailto:HSA-ILP@ventura.org)

## **Post Adoption and Adoption Assistance Program (AAP) Resources**

After the adoption has been finalized through Ventura County, resources and services can still be available. The California State legislator created the Adoption Assistance Program with the intent to provide the security and stability of a permanent home through adoption.

### **County of Ventura, Children and Family Services (CFS)**

Supportive services to post adoptive families to discuss needs, concerns, and explore possible resources in a collaborative approach to stabilize the family unit.

- General Information: [www.cdss.ca.gov/inforesources/adoptions](http://www.cdss.ca.gov/inforesources/adoptions)
- Telephone: CFS Permanency Unit 805- 654-3444- ask for AAP services

The Independent Living Program assists eligible youth to prepare for independent living. ILP services are available to eligible 14 to 21-year-old foster and former foster youth to access community resources and develop independent living skills to help build self-sufficiency.

- Email: [HSA-ILP@ventura.org](mailto:HSA-ILP@ventura.org)

### **Seneca -Wraparound Services**

An in- home treatment resource that provides an alternative to residential treatment. Wraparound uses a team approach to address a family's needs and works toward building a support network in their community. While families may self-refer, Children & Family Services- Permanency program can help link to the service and confirm funding for the service.

- Information: [www.cdss.ca.gov/inforesources/cdss-programs/foster-care/wraparound](http://www.cdss.ca.gov/inforesources/cdss-programs/foster-care/wraparound)
- Telephone: CFS Permanency Unit 805-654-3444 - ask for AAP services

### **Residential Mental Health Treatment**

Funding for eligible out of home placement may be available through Adoptive Assistance Program services, when all other resources have been engaged and exhausted and all eligibility criteria is met.

- Telephone: CFS Permanency Unit 805-654-444 - ask for AAP services

### **Kids and Families Together - Strengthening Adoptive Families through Education**

In-home education, family therapy, and case management services for pre and post adoptive families. Services include up to 15 sessions that include topics relevant to adoptive families such as trauma, attachment, grief and loss, therapeutic parenting and adoption specific challenges.

[Strengtheningvcfamilies.org](http://Strengtheningvcfamilies.org)

805-654-3220

[strengtheningvcfamilies@ventura.org](mailto:strengtheningvcfamilies@ventura.org)

- Website: [www.kidsandfamilies.org](http://www.kidsandfamilies.org)
- Telephone: 805-643-1446 ext. 180
- Email: [referrals@kidsandfamilies.org](mailto:referrals@kidsandfamilies.org); for general questions: [rpletcher@kidsandfamilies.org](mailto:rpletcher@kidsandfamilies.org)

#### California Department of Social Services

- <https://www.cdss.ca.gov/benefits-services/adoption-services>

### Important Numbers

#### County of Ventura, Human Services Agency - Children and Family Services

- Child and Elder Abuse Hotline: Phone 805-654-3200
- Foster Care Eligibility: 805-654-3444
- Adoptions: Phone 805-654-3444
- Independent Living Program: Email: [HSA-ILP@ventura.org](mailto:HSA-ILP@ventura.org)
- **Visit** <http://strengtheningvcfamilies.org>

Strengtheningvcfamilies.org

805-654-3220

strengtheningvcfamilies@ventura.org